



Lighthouse Publishing presents:
Sweeping It Under The Drug
 (drugs and other things people use to avoid who they really are)



Dennis Marcellino yielded to the peer pressures to use drugs and alcohol, especially because he was in the music industry for many years. But he ended up finding out that using drugs was dangerous...and even a hindrance if an optimum life on this planet is what was desired. They actually were hurting his life, but he didn't know any other way to approach life, given the neighborhood that he grew up in and the industry that he was in. So he ended up spending many years searching to see if there was a better way...a way that was harmonious with marriage, children, work, society, and even his own being. He deeply delved into nearly everything that was popular in psychology and spirituality. Thankfully all of his hard work paid off and led to an understanding of what drugs actually did and how the real problem was taking cues on how to be from the outer world rather than the inner world of heart and soul. That led to him becoming more and more in tune with his true nature instead of running from it or trying to suppress it or add to it. He ended up realizing that we all live in a body that has a very specific design to it. And we cannot redefine this design and then expect it to yield good feelings. But when bad feelings or bored feelings start to come we try to medicate them away with drugs, instead of hearing and acting on their messages. But he says that there is a much better way to live life, which he spells out in his book and speeches. And he says that not only chemical drugs are used to avoid the natural messages, movements and inspirations within us, but many other things are also used to keep us from seeing and following our true nature (e.g. television, food, constant busyness, etc.). His desire to get these understandings out (into a public that is continually seeking solutions to the drug problems that many of its citizens are suffering because of) resulted in him writing a book entitled *Sweeping It Under The Drug (and how to have a greater life without them)*. He says that this book has the natural root solution for the drug problem (as opposed to band-aid treatments of the symptoms). Drugs are medicine for the heart. Therefore, if a person wants to permanently end a drug problem, they must first resolve their heart problems. This includes knowing how to be "high" (i.e. filled with peace, love, joy and purpose) naturally, and knowing why religion is necessary to eliminate "demand". This book has been highly acclaimed and recommended by many top professionals in the addiction/recovery industry. It is also endorsed by people who have become ex-drug-users because of this book..

Besides a history that includes 210 college units in psychology, philosophy, theology and spirituality, Dennis is also a former member of some of the top bands of the 1960's and '70s including The Tokens (the band who once had the hit, "The Lion Sleeps Tonight"), Sly & The Family Stone, The Elvin Bishop Group and Rubicon. He has been a guest star on many television shows and scored and performed the music for a number of movies. His current CDs can be heard at www.DennisMarcellino.com.

Speaking Testimonials

"Dennis Marcellino is a man of many talents and interests. His hour-long program was well-received by the audience. He deeply cares about the negative experiences people are going through in our world today, and his mission is to show that these sufferings are unnecessary and that a great solution exists."

Bill Bennett, (review in) The Capitol Voice

"Your speech was perfect!... combining humor, practical information, entertainment and a LOT of inspiring wisdom."

Suzanne Sivyer, Bonneville Power (a Federal agency)

Reviews for Sweeping It Under The Drug

"I highly recommend the reading of this book as an understanding guide for all of the 12 step recovery programs. It gave me greater insight into my need for continuous spiritual development in order to maintain quality sobriety and peace of mind." *Gloria Montgomery, Chairperson of ALL/ANON GROUP. Founder of RECOVERY SYSTEMS*

"Very powerful material. An amazing piece of work by an amazing man."

Scott Fagan, Head of the recovery unit at Brotman Hospital (one of Los Angeles' largest).

"...a catalyst to turn around the lives of those currently in the grip of drug addiction. It is the dedication of people like the author that gives all of us hope for the future."

G. Albert Howenstein Jr., Executive Director, Office Of Criminal Justice Planning, California Governor's office

"This book 'iced' my cousin, who was heavily into drugs. He took the book's advice and now he's off of drugs and happy. I'd like to order 10 more copies."

phone call from: Constance Elliot, U.S. Dept. of Health, Washington D.C.

"I wanted to write and thank you for your book. I work in the prison library so as soon as I finished reading your book I placed it in the library. It has been very popular with the inmates. It is really a good book on substance abuse." *Benjamin, Seagoville, Texas*

